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Advanced Physiology and Hygiene. By HERBERT W. CONN AND ROBERT A. BUDINGTON. New York: Silver, Burdett & Co., 1909. Pp. 419. \$1.10.

The remarkable development of popular interest in hygiene and sanitation during the last few years has created a large demand for a change in the methods of teaching physiology and hygiene in the schools. The textbooks in use a few years ago are now obsolete and unsatisfactory. They contain a description of elementary anatomy and physiology supplemented by dogmatic rules for hygienic living, with a disproportionate emphasis on the evil effects resulting from the use of alcoholic beverages and narcotics.

The subject of community hygiene has been ignored almost entirely. Such important topics as the cause and nature of common diseases; the ways in which germ diseases are transmitted; the defenses against disease; the significance of vaccination, isolation, and quarantine; the reasons for inspection of water, milk, and other foods have been omitted from the school books.

This book fulfills admirably the requirements for a high-school textbook of physiology and hygiene. The essential points of anatomy are given as a basis for the description of the various functions. The important facts relating to the common diseases are correlated with a sane discussion of the hygienic care of each organ and the body as a whole. The treatment is clear and concise and so related to the experiences of everyday life that the book cannot fail to interest students in the care of their health.

The fundamental principles of community hygiene are given in the last chapter under the title of "The Control of Public Health." This includes a consideration of the home, public cleanliness and decency; purity of foods offered in the markets, water and ice; sewage, and dangerous and unwholesome occupations.

The illustrations and diagrams are very good, but the book would be even better with more pictures and diagrams. The lack of charts, models, and other material for objective teaching of physiology in schools makes it desirable to illustrate textbooks as much as possible.

There is good reason to believe that this book will contribute very materially to the improvement that is sorely needed and much desired in the teaching of physiology and hygiene to high-school students.

GEORGE L. MEYLAN

COLUMBIA UNIVERSITY

American History. By JAMES ALTON JAMES AND ALBERT HART SANFORD. New York: Scribner, 1909. Pp. xvii+565. \$1.40 net.

History in secondary schools has suffered much at the hands of textbook writers who presuppose an amount of knowledge and a power of thought that students of high-school age do not possess. It is therefore a pleasure to find a book written by men who understand the needs of high-school teachers and the limitations of high-school pupils, and who possess at the same time scholarship and literary skill sufficient to produce a coherent, dignified, and interesting history of the United States.

The story of the United States as James and Sanford give it is a straightforward narrative abundantly supplied with the material a young learner needs